



# Union Benefits For Your Health



## Health Savings Discounts

For health savings discounts call **1-877-570-4845**

**Prescription Discounts** A no-cost discount card that gives you savings on prescriptions.

### Dental Discounts

This \$69.95 a year plan helps you save 20% to 50% on dental exams, cleans, fillings, x-rays and more.

### Vision Discounts

This \$14.95 a year plan helps you save 20% to 40% on eye exams, glass, frames and contacts.

## More Savings

### Medical Bill Negotiating Service

Get **FREE** assistance negotiating bill reductions.

Visit [Unionplus.org/BillNegotiator](http://Unionplus.org/BillNegotiator)

### Pet Savings

Save 25% at the vet and 10% on pet insurance.

Visit [UnionPlus.org/Pets](http://UnionPlus.org/Pets)

## Health Club Discounts

### Fitness Clubs

Check out any club before joining with a free guest pass. Family members are eligible for this program. Visit [UnionPlus.org/HealthClubs](http://UnionPlus.org/HealthClubs)

### Home Fitness Products and Equipment

Save on name-brand at home fitness products like Total Gym and Zumba DVDs. Get a special low price on NutriSystem nutritious pre-packaged meals right to your door through GlobalFit. Get online and phone support from NutriSystem's nutritionists and counselors.

### Healthy Living

**Health Coaching** - one-on-one guidance from a trained professional offering to help you lose weight, de-stress, or meet any other health goal.

**Smoking Cessation** - quit for good with a convenient, guided program that includes free educational materials.

If you're uninsured, check out **Working America Health Care**. You'll benefit from a special Health Advocate service to help you make informed health decisions, plus clarify your benefits coverage, resolve billing claims, find the right doctors and hospitals and more! Visit [WorkingAmericaHealthCare.org](http://WorkingAmericaHealthCare.org) for details.

Learn more at:

# UnionPlus.org